



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kröber, Frank

Club: Salzhemmendorf
Number: 202

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:01:26

Speed: 8.60 km/h
Running performance: 6:55 min/km

Rank in course/Total: 405 (of 537)

Rank in course/Men: 348 (of 440)

Best time in course: 1:41:44

Rank in category: 22(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:15	6:08	13	2:27	263	8:03	3.30	20:15	6:08	13	2:27	263	8:03
Schlüsie	3.10	22:54	7:23	18	3:37	321	9:30	6.40	43:09	6:44	16	5:38	297	17:33
Hermannsklippe	2.60	21:24	8:13	20	4:55	353	9:30	9.00	1:04:33	7:10	17	10:33	319	27:03
Brocken	3.10	37:03	11:57	26	9:01	389	18:50	12.10	1:41:36	8:23	20	19:34	354	45:53
Eiserner Handwe	3.60	23:34	6:32	24	7:00	375	10:58	15.70	2:05:10	7:58	22	25:43	364	56:51
Schlüsie	4.10	21:20	5:12	20	4:41	337	9:23	19.80	2:26:30	7:23	21	30:15	361	1:06:14
Loddenke	3.10	17:35	5:40	22	4:12	352	7:31	22.90	2:44:05	7:09	22	34:27	359	1:13:45
Ilseburg/Markt	3.30	17:21	5:15	9	2:54	241	5:57	26.20	3:01:26	6:55	22	37:21	348	1:19:42