



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Schaub, Nicole

Club: Ohrdruf
Number: 554

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:01:53

Speed: 8.58 km/h
Running performance: 6:56 min/km

Rank in course/Total: 411 (of 537)

Rank in course/Women: 58 (of 97)

Best time in course: 2:02:52

Rank in category: 7(of 10)

Best time in the category: 2:20:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:00	6:40	8	4:08	60	7:01	3.30	22:00	6:40	8	4:08	60	7:01
Schlüsie	3.10	23:34	7:36	8	5:27	54	6:50	6.40	45:34	7:07	8	9:35	56	13:40
Hermannsklippe	2.60	21:41	8:20	8	5:41	57	7:15	9.00	1:07:15	7:28	8	15:16	58	20:30
Brocken	3.10	37:14	12:00	8	10:50	68	14:33	12.10	1:44:29	8:38	8	26:06	62	35:03
Eiserner Handwe	3.60	23:27	6:30	8	7:35	75	9:06	15.70	2:07:56	8:08	8	33:41	62	43:32
Schlüsie	4.10	20:48	5:04	6	3:53	64	7:18	19.80	2:28:44	7:30	8	37:34	62	49:43
Loddenke	3.10	16:13	5:13	6	2:35	55	4:57	22.90	2:44:57	7:12	8	40:09	62	54:40
Ilseburg/Markt	3.30	16:56	5:07	2	1:14	33	4:21	26.20	3:01:53	6:56	7	41:23	58	59:01