



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Landwehr, Stefan

Club: FH Erfurt
Number: 245

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:02:11

Speed: 8.56 km/h
Running performance: 6:57 min/km

Rank in course/Total: 412 (of 537)

Rank in course/Men: 354 (of 440)

Best time in course: 1:41:44

Rank in category: 46(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:06	6:41	49	7:35	363	9:54	3.30	22:06	6:41	49	7:35	363	9:54
Schlüsie	3.10	23:38	7:37	47	7:29	357	10:14	6.40	45:44	7:08	48	14:43	361	20:08
Hermannsklippe	2.60	20:35	7:54	43	6:29	314	8:41	9.00	1:06:19	7:22	46	21:12	352	28:49
Brocken	3.10	34:39	11:10	44	12:09	336	16:26	12.10	1:40:58	8:20	47	32:55	350	45:15
Eiserner Handwe	3.60	22:36	6:16	46	8:37	352	10:00	15.70	2:03:34	7:52	46	41:16	354	55:15
Schlüsie	4.10	22:12	5:24	50	8:40	371	10:15	19.80	2:25:46	7:21	48	49:55	358	1:05:30
Loddenke	3.10	16:58	5:28	41	5:41	331	6:54	22.90	2:42:44	7:06	46	55:23	351	1:12:24
Ilseburg/Markt	3.30	19:27	5:53	44	6:30	347	8:03	26.20	3:02:11	6:57	46	1:01:46	354	1:20:27