



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Smid, Jürgen

Club: Nörten-Hardenberg
Number: 398

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:02:49

Speed: 8.53 km/h
Running performance: 6:59 min/km

Rank in course/Total: 418 (of 537)

Rank in course/Men: 358 (of 440)

Best time in course: 1:41:44

Rank in category: 23(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:16	7:03	28	5:28	417	11:04	3.30	23:16	7:03	28	5:28	417	11:04
Schlüsie	3.10	25:04	8:05	25	5:47	393	11:40	6.40	48:20	7:33	27	10:49	404	22:44
Hermannsklippe	2.60	22:21	8:35	23	5:52	380	10:27	9.00	1:10:41	7:51	24	16:41	393	33:11
Brocken	3.10	33:23	10:46	17	5:21	294	15:10	12.10	1:44:04	8:36	23	22:02	376	48:21
Eiserner Handwe	3.60	22:23	6:13	20	5:49	340	9:47	15.70	2:06:27	8:03	23	27:00	370	58:08
Schlüsie	4.10	22:38	5:31	24	5:59	377	10:41	19.80	2:29:05	7:31	23	32:50	371	1:08:49
Loddenke	3.10	16:37	5:21	19	3:14	303	6:33	22.90	2:45:42	7:14	24	36:04	367	1:15:22
Ilseburg/Markt	3.30	17:07	5:11	7	2:40	224	5:43	26.20	3:02:49	6:58	23	38:44	358	1:21:05