



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Lehnert, Martin

Club: Magdeburg
Number: 543

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:03:07

Speed: 8.52 km/h
Running performance: 6:59 min/km

Rank in course/Total: 420 (of 537)

Rank in course/Men: 359 (of 440)

Best time in course: 1:41:44

Rank in category: 59(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:27	6:48	59	8:55	383	10:15	3.30	22:27	6:48	59	8:55	383	10:15
Schlüsie	3.10	25:15	8:08	62	10:29	402	11:51	6.40	47:42	7:27	61	19:12	394	22:06
Hermannsklippe	2.60	22:55	8:48	63	10:02	392	11:01	9.00	1:10:37	7:50	62	29:14	392	33:07
Brocken	3.10	38:34	12:26	62	17:48	402	20:21	12.10	1:49:11	9:01	62	47:02	398	53:28
Eiserner Handwe	3.60	21:01	5:50	51	7:54	275	8:25	15.70	2:10:12	8:17	61	54:21	386	1:01:53
Schlüsie	4.10	19:13	4:41	44	6:16	242	7:16	19.80	2:29:25	7:32	60	1:00:26	373	1:09:09
Loddenke	3.10	15:27	4:59	35	4:37	230	5:23	22.90	2:44:52	7:11	59	1:04:48	363	1:14:32
Ilseburg/Markt	3.30	18:15	5:31	44	6:29	286	6:51	26.20	3:03:07	6:59	59	1:10:31	359	1:21:23