



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Mertens-Kociper, Verena

Club: Team Montellino
Number: 289

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:06:22

Speed: 8.37 km/h
Running performance: 7:07 min/km

Rank in course/Total: 435 (of 537)

Rank in course/Women: 67 (of 97)

Best time in course: 2:02:52

Rank in category: 8(of 16)

Best time in the category: 2:29:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:29	6:48	10	5:35	69	7:30	3.30	22:29	6:48	10	5:35	69	7:30
Schlüsie	3.10	24:11	7:48	8	4:28	60	7:27	6.40	46:40	7:17	8	10:03	65	14:46
Hermannsklippe	2.60	22:14	8:33	9	4:34	63	7:48	9.00	1:08:54	7:39	8	14:37	60	22:09
Brocken	3.10	34:47	11:13	5	6:31	49	12:06	12.10	1:43:41	8:34	7	21:08	59	34:15
Eiserner Handwe	3.60	23:30	6:31	10	5:50	76	9:09	15.70	2:07:11	8:06	8	25:59	60	42:47
Schlüsie	4.10	22:17	5:26	10	4:16	76	8:47	19.80	2:29:28	7:32	8	30:07	64	50:27
Loddenke	3.10	16:51	5:26	8	2:57	66	5:35	22.90	2:46:19	7:15	8	32:35	66	56:02
Ilseburg/Markt	3.30	20:03	6:04	9	4:51	73	7:28	26.20	3:06:22	7:06	8	36:41	67	1:03:30