



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Laue, Tino

Club: Kissenbrück
Number: 596

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:06:25

Speed: 8.37 km/h
Running performance: 7:07 min/km

Rank in course/Total: 436 (of 537)

Rank in course/Men: 369 (of 440)

Best time in course: 1:41:44

Rank in category: 51(of 57)

Best time in the category: 1:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:26	6:47	51	8:09	381	10:14	3.30	22:26	6:47	51	8:09	381	10:14
Schlüsie	3.10	24:12	7:48	55	8:27	375	10:48	6.40	46:38	7:17	54	16:36	379	21:02
Hermannsklippe	2.60	20:44	7:58	46	7:04	325	8:50	9.00	1:07:22	7:29	52	23:40	363	29:52
Brocken	3.10	32:21	10:26	38	11:32	255	14:08	12.10	1:39:43	8:14	47	35:12	337	44:00
Eiserner Handwe	3.60	22:38	6:17	46	9:01	354	10:02	15.70	2:02:21	7:47	47	44:13	341	54:02
Schlüsie	4.10	22:22	5:27	47	9:04	374	10:25	19.80	2:24:43	7:18	50	53:17	354	1:04:27
Loddenke	3.10	19:18	6:13	54	7:59	395	9:14	22.90	2:44:01	7:09	50	1:01:16	358	1:13:41
Ilseburg/Markt	3.30	22:24	6:47	57	10:13	415	11:00	26.20	3:06:25	7:06	51	1:11:29	369	1:24:41