



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Erdmann, Gerhard

Club: Wernigerode
Number: 160

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:06:28

Speed: 8.37 km/h
Running performance: 7:07 min/km

Rank in course/Total: 437 (of 537)

Rank in course/Men: 370 (of 440)

Best time in course: 1:41:44

Rank in category: 15(of 22)

Best time in the category: 2:22:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:28	6:30	12	4:21	331	9:16	3.30	21:28	6:30	12	4:21	331	9:16
Schlüsie	3.10	24:37	7:56	15	5:25	382	11:13	6.40	46:05	7:12	12	9:46	368	20:29
Hermannsklippe	2.60	22:09	8:31	12	4:57	371	10:15	9.00	1:08:14	7:34	12	14:43	373	30:44
Brocken	3.10	36:05	11:38	13	8:16	367	17:52	12.10	1:44:19	8:37	13	22:59	377	48:36
Eiserner Handwe	3.60	23:18	6:28	16	6:12	374	10:42	15.70	2:07:37	8:07	13	29:11	375	59:18
Schlüsie	4.10	20:58	5:06	12	5:19	317	9:01	19.80	2:28:35	7:30	13	34:30	367	1:08:19
Loddenke	3.10	16:49	5:25	10	3:35	318	6:45	22.90	2:45:24	7:13	13	38:05	364	1:15:04
Ilseburg/Markt	3.30	21:04	6:23	16	6:14	387	9:40	26.20	3:06:28	7:07	15	44:19	370	1:24:44