



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Sørensen, Michael

Club: Faaborg Ski og Motion
Number: 400

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:06:54

Speed: 8.35 km/h
Running performance: 7:08 min/km

Rank in course/Total: 438 (of 537)

Rank in course/Men: 371 (of 440)

Best time in course: 1:41:44

Rank in category: 50(of 59)

Best time in the category: 2:13:09

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 23:01 | 6:58 | 55 | 7:34 | 407 | 10:49 | 3.30 | 23:01 | 6:58 | 55 | 7:34 | 407 | 10:49 |
| Schlüsie | 3.10 | 24:40 | 7:57 | 52 | 6:46 | 385 | 11:16 | 6.40 | 47:41 | 7:27 | 55 | 14:16 | 393 | 22:05 |
| Hermannsklippe | 2.60 | 21:18 | 8:11 | 45 | 5:48 | 347 | 9:24 | 9.00 | 1:08:59 | 7:39 | 53 | 19:20 | 383 | 31:29 |
| Brocken | 3.10 | 37:25 | 12:04 | 54 | 12:43 | 395 | 19:12 | 12.10 | 1:46:24 | 8:47 | 52 | 31:02 | 384 | 50:41 |
| Eiserner Handwe | 3.60 | 22:02 | 6:07 | 45 | 6:44 | 327 | 9:26 | 15.70 | 2:08:26 | 8:10 | 52 | 37:16 | 379 | 1:00:07 |
| Schlüsie | 4.10 | 21:13 | 5:10 | 45 | 5:53 | 332 | 9:16 | 19.80 | 2:29:39 | 7:33 | 51 | 43:09 | 374 | 1:09:23 |
| Loddenke | 3.10 | 16:47 | 5:24 | 41 | 4:22 | 316 | 6:43 | 22.90 | 2:46:26 | 7:16 | 50 | 47:31 | 371 | 1:16:06 |
| Ilseburg/Markt | 3.30 | 20:28 | 6:12 | 48 | 6:38 | 367 | 9:04 | 26.20 | 3:06:54 | 7:08 | 50 | 53:45 | 371 | 1:25:10 |