



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 320

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W70 (70-74 Jahre)

Total time: 3:09:08

Speed: 8.25 km/h
Running performance: 7:13 min/km

Rank in course/Total: 450 (of 537)

Rank in course/Women: 69 (of 97)

Best time in course: 2:02:52

Rank in category: 1(of 2)

Best time in the category: 3:09:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:57	6:57	1	-	74	7:58	3.30	22:57	6:57	1	-	74	7:58
Schlüsie	3.10	27:02	8:43	2	0:41	88	10:18	6.40	49:59	7:48	1	-	83	18:05
Hermannsklippe	2.60	24:45	9:31	1	-	88	10:19	9.00	1:14:44	8:18	1	-	86	27:59
Brocken	3.10	37:22	12:03	1	-	72	14:41	12.10	1:52:06	9:15	1	-	79	42:40
Eiserner Handwe	3.60	21:12	5:53	1	-	50	6:51	15.70	2:13:18	8:29	1	-	74	48:54
Schlüsie	4.10	20:14	4:56	1	-	54	6:44	19.80	2:33:32	7:45	1	-	70	54:31
Loddenke	3.10	16:53	5:26	1	-	68	5:37	22.90	2:50:25	7:26	1	-	69	1:00:08
Ilseburg/Markt	3.30	18:43	5:40	1	-	61	6:08	26.20	3:09:08	7:13	1	-	69	1:06:16