



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Wagner, Andreas

Club: Bad Zwischenahn
Number: 449

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:10:53

Speed: 8.24 km/h
Running performance: 7:17 min/km

Rank in course/Total: 456 (of 537)

Rank in course/Men: 384 (of 440)

Best time in course: 1:41:44

Rank in category: 54(of 57)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:14	6:07	35	5:57	261	8:02	3.30	20:14	6:07	35	5:57	261	8:02
Schlüsie	3.10	23:36	7:36	49	7:51	356	10:12	6.40	43:50	6:50	40	13:48	321	18:14
Hermannsklippe	2.60	20:53	8:01	49	7:13	330	8:59	9.00	1:04:43	7:11	43	21:01	320	27:13
Brocken	3.10	35:39	11:30	51	14:50	361	17:26	12.10	1:40:22	8:17	48	35:51	344	44:39
Eiserner Handwe	3.60	26:28	7:21	56	12:51	419	13:52	15.70	2:06:50	8:04	53	48:42	373	58:31
Schlüsie	4.10	23:04	5:37	52	9:46	391	11:07	19.80	2:29:54	7:34	52	58:28	377	1:09:38
Loddenke	3.10	20:06	6:29	56	8:47	414	10:02	22.90	2:50:00	7:25	53	1:07:15	383	1:19:40
Ilseburg/Markt	3.30	20:53	6:19	51	8:42	380	9:29	26.20	3:10:53	7:17	54	1:15:57	384	1:29:09