



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Vauth, Jürgen

Club: Non Stop Ultra
Number: 12

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:15:10

Speed: 7.99 km/h
Running performance: 7:27 min/km

Rank in course/Total: 467 (of 537)

Rank in course/Men: 392 (of 440)

Best time in course: 1:41:44

Rank in category: 57(of 59)

Best time in the category: 2:13:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:20	6:27	46	5:53	322	9:08	3.30	21:20	6:27	46	5:53	322	9:08
Schlüsie	3.10	26:03	8:24	58	8:09	412	12:39	6.40	47:23	7:24	54	13:58	388	21:47
Hermannsklippe	2.60	24:40	9:29	58	9:10	419	12:46	9.00	1:12:03	8:00	56	22:24	407	34:33
Brocken	3.10	40:27	13:02	58	15:45	416	22:14	12.10	1:52:30	9:17	58	37:08	409	56:47
Eiserner Handwe	3.60	22:23	6:13	49	7:05	340	9:47	15.70	2:14:53	8:35	57	43:43	403	1:06:34
Schlüsie	4.10	22:40	5:31	54	7:20	380	10:43	19.80	2:37:33	7:57	57	51:03	402	1:17:17
Loddenke	3.10	18:24	5:56	52	5:59	378	8:20	22.90	2:55:57	7:41	57	57:02	398	1:25:37
Ilseburg/Markt	3.30	19:13	5:49	43	5:23	340	7:49	26.20	3:15:10	7:26	57	1:02:01	392	1:33:26