



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Borowiak, Matthias

Club: Magdeburg
Number: 65

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:16:16

Speed: 7.95 km/h
Running performance: 7:29 min/km

Rank in course/Total: 472 (of 537)

Rank in course/Men: 397 (of 440)

Best time in course: 1:41:44

Rank in category: 63(of 65)

Best time in the category: 1:52:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:11	6:43	57	8:39	371	9:59	3.30	22:11	6:43	57	8:39	371	9:59
Schlüsie	3.10	26:24	8:30	63	11:38	415	13:00	6.40	48:35	7:35	62	20:05	411	22:59
Hermannsklippe	2.60	24:46	9:31	65	11:53	421	12:52	9.00	1:13:21	8:08	63	31:58	413	35:51
Brocken	3.10	42:13	13:37	64	21:27	427	24:00	12.10	1:55:34	9:33	64	53:25	423	59:51
Eiserner Handwe	3.60	23:05	6:24	59	9:58	367	10:29	15.70	2:18:39	8:49	63	1:02:48	416	1:10:20
Schlüsie	4.10	21:54	5:20	61	8:57	362	9:57	19.80	2:40:33	8:06	63	1:11:34	410	1:20:17
Loddenke	3.10	16:39	5:22	50	5:49	307	6:35	22.90	2:57:12	7:44	63	1:17:08	401	1:26:52
Ilseburg/Markt	3.30	19:04	5:46	54	7:18	331	7:40	26.20	3:16:16	7:29	63	1:23:40	397	1:34:32