



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Stoisiek, Frank

Club: CLUB PIONEROS GERMANY  
Number: 409

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:16:54

Speed: 7.92 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 477 (of 537)

Rank in course/Men: 399 (of 440)

Best time in course: 1:41:44

Rank in category: 26(of 32)

Best time in the category: 2:24:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:35	7:08	29	5:47	422	11:23	3.30	23:35	7:08	29	5:47	422	11:23
Schlüsie	3.10	26:41	8:36	30	7:24	417	13:17	6.40	50:16	7:51	29	12:45	424	24:40
Hermannsklippe	2.60	25:00	9:36	31	8:31	425	13:06	9.00	1:15:16	8:21	30	21:16	427	37:46
Brocken	3.10	39:44	12:49	27	11:42	411	21:31	12.10	1:55:00	9:30	29	32:58	421	59:17
Eiserner Handwe	3.60	22:03	6:07	19	5:29	328	9:27	15.70	2:17:03	8:43	27	37:36	406	1:08:44
Schlüsie	4.10	21:54	5:20	22	5:15	362	9:57	19.80	2:38:57	8:01	26	42:42	404	1:18:41
Loddenke	3.10	16:51	5:26	21	3:28	321	6:47	22.90	2:55:48	7:40	26	46:10	397	1:25:28
Ilseburg/Markt	3.30	21:06	6:23	29	6:39	388	9:42	26.20	3:16:54	7:30	26	52:49	399	1:35:10