



52. Brockenlauf Ilseburg / 02.09.2023

Detailed evaluation

Renk, Gregory

Club: Ukrainische Falken
Number: 340

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:17:14

Speed: 7.91 km/h
Running performance: 7:32 min/km

Rank in course/Total: 479 (of 537)

Rank in course/Men: 400 (of 440)

Best time in course: 1:41:44

Rank in category: 44(of 47)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:38	5:56	35	7:26	223	7:26	3.30	19:38	5:56	35	7:26	223	7:26
Schlüsle	3.10	23:26	7:33	44	10:02	348	10:02	6.40	43:04	6:43	43	17:28	294	17:28
Hermannsklippe	2.60	22:23	8:36	44	10:29	383	10:29	9.00	1:05:27	7:16	44	27:57	338	27:57
Brocken	3.10	37:05	11:57	45	18:52	390	18:52	12.10	1:42:32	8:28	44	46:49	362	46:49
Eiserner Handwe	3.60	25:23	7:03	44	12:47	404	12:47	15.70	2:07:55	8:08	44	59:36	377	59:36
Schlüsle	4.10	29:17	7:08	46	17:20	438	17:20	19.80	2:37:12	7:56	45	1:16:56	400	1:16:56
Loddenke	3.10	20:44	6:41	45	10:40	418	10:40	22.90	2:57:56	7:46	44	1:27:36	406	1:27:36
Ilseburg/Markt	3.30	19:18	5:50	40	7:54	343	7:54	26.20	3:17:14	7:31	44	1:35:30	400	1:35:30