



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Lyashenko, Daria

Club: Endurance School
Number: 268

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 3:17:14

Speed: 7.91 km/h
Running performance: 7:32 min/km

Rank in course/Total: 480 (of 537)

Rank in course/Women: 80 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 10)

Best time in the category: 2:03:43

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 23:03 | 6:59 | 9 | 8:04 | 77 | 8:04 | 3.30 | 23:03 | 6:59 | 9 | 8:04 | 77 | 8:04 |
| Schlüsie | 3.10 | 27:09 | 8:45 | 9 | 10:14 | 89 | 10:25 | 6.40 | 50:12 | 7:50 | 9 | 18:18 | 84 | 18:18 |
| Hermannsklippe | 2.60 | 24:41 | 9:29 | 9 | 9:48 | 86 | 10:15 | 9.00 | 1:14:53 | 8:19 | 9 | 28:06 | 87 | 28:08 |
| Brocken | 3.10 | 38:30 | 12:25 | 10 | 14:05 | 79 | 15:49 | 12.10 | 1:53:23 | 9:22 | 9 | 42:11 | 82 | 43:57 |
| Eiserner Handwe | 3.60 | 24:25 | 6:46 | 10 | 10:04 | 82 | 10:04 | 15.70 | 2:17:48 | 8:46 | 9 | 52:15 | 82 | 53:24 |
| Schlüsie | 4.10 | 21:59 | 5:21 | 9 | 8:29 | 74 | 8:29 | 19.80 | 2:39:47 | 8:04 | 9 | 1:00:44 | 83 | 1:00:46 |
| Loddenke | 3.10 | 18:12 | 5:52 | 8 | 6:37 | 78 | 6:56 | 22.90 | 2:57:59 | 7:46 | 9 | 1:07:21 | 83 | 1:07:42 |
| Ilseburg/Markt | 3.30 | 19:15 | 5:50 | 8 | 6:13 | 66 | 6:40 | 26.20 | 3:17:14 | 7:31 | 9 | 1:13:31 | 80 | 1:14:22 |