



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Seiler, Martin

Club: Viermärker Waldlaufgemeinschaft
Number: 558

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:18:26

Speed: 7.86 km/h
Running performance: 7:34 min/km

Rank in course/Total: 486 (of 537)

Rank in course/Men: 403 (of 440)

Best time in course: 1:41:44

Rank in category: 27(of 32)

Best time in the category: 2:24:05

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 21:49 | 6:36 | 19 | 4:01 | 348 | 9:37 | 3.30 | 21:49 | 6:36 | 19 | 4:01 | 348 | 9:37 |
| Schlüsie | 3.10 | 25:10 | 8:07 | 27 | 5:53 | 396 | 11:46 | 6.40 | 46:59 | 7:20 | 23 | 9:28 | 382 | 21:23 |
| Hermannsklippe | 2.60 | 24:23 | 9:22 | 27 | 7:54 | 416 | 12:29 | 9.00 | 1:11:22 | 7:55 | 26 | 17:22 | 399 | 33:52 |
| Brocken | 3.10 | 40:45 | 13:08 | 29 | 12:43 | 419 | 22:32 | 12.10 | 1:52:07 | 9:15 | 27 | 30:05 | 408 | 56:24 |
| Eiserner Handwe | 3.60 | 25:36 | 7:06 | 28 | 9:02 | 409 | 13:00 | 15.70 | 2:17:43 | 8:46 | 28 | 38:16 | 409 | 1:09:24 |
| Schlüsie | 4.10 | 23:18 | 5:40 | 25 | 6:39 | 396 | 11:21 | 19.80 | 2:41:01 | 8:07 | 28 | 44:46 | 411 | 1:20:45 |
| Loddenke | 3.10 | 18:49 | 6:04 | 28 | 5:26 | 384 | 8:45 | 22.90 | 2:59:50 | 7:51 | 28 | 50:12 | 409 | 1:29:30 |
| Ilseburg/Markt | 3.30 | 18:36 | 5:38 | 18 | 4:09 | 304 | 7:12 | 26.20 | 3:18:26 | 7:34 | 27 | 54:21 | 403 | 1:36:42 |