



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kettenbeil, Eckard

Club: NIX tun kann JEDER
Number: 209

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:19:05

Speed: 7.84 km/h
Running performance: 7:36 min/km

Rank in course/Total: 489 (of 537)

Rank in course/Men: 406 (of 440)

Best time in course: 1:41:44

Rank in category: 18(of 22)

Best time in the category: 2:22:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:45	7:11	19	6:38	423	11:33	3.30	23:45	7:11	19	6:38	423	11:33
Schlüsie	3.10	24:35	7:55	13	5:23	379	11:11	6.40	48:20	7:33	17	12:01	404	22:44
Hermannsklippe	2.60	22:21	8:35	15	5:09	380	10:27	9.00	1:10:41	7:51	17	17:10	393	33:11
Brocken	3.10	38:42	12:29	19	10:53	406	20:29	12.10	1:49:23	9:02	17	28:03	399	53:40
Eiserner Handwe	3.60	24:52	6:54	19	7:46	396	12:16	15.70	2:14:15	8:33	18	35:49	399	1:05:56
Schlüsie	4.10	22:49	5:33	19	7:10	383	10:52	19.80	2:37:04	7:55	18	42:59	399	1:16:48
Loddenke	3.10	19:40	6:20	20	6:26	409	9:36	22.90	2:56:44	7:43	18	49:25	400	1:26:24
Ilseburg/Markt	3.30	22:21	6:46	18	7:31	414	10:57	26.20	3:19:05	7:35	18	56:56	406	1:37:21