



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Wittig, Axel

Club: TuS Hasede  
Number: 473

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 3:19:38

Speed: 7.87 km/h  
Running performance: 7:37 min/km

Rank in course/Total: 491 (of 537)

Rank in course/Men: 407 (of 440)

Best time in course: 1:41:44

Rank in category: 3(of 6)

Best time in the category: 2:57:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:30	7:07	3	2:30	420	11:18	3.30	23:30	7:07	3	2:30	420	11:18
Schlüsie	3.10	25:03	8:04	3	1:43	392	11:39	6.40	48:33	7:35	3	4:13	410	22:57
Hermannsklippe	2.60	22:22	8:36	3	0:32	382	10:28	9.00	1:10:55	7:52	3	4:44	396	33:25
Brocken	3.10	38:30	12:25	3	3:45	401	20:17	12.10	1:49:25	9:02	3	7:02	400	53:42
Eiserner Handwe	3.60	25:29	7:04	4	4:14	407	12:53	15.70	2:14:54	8:35	3	11:16	404	1:06:35
Schlüsie	4.10	24:41	6:01	4	4:51	414	12:44	19.80	2:39:35	8:03	3	16:07	408	1:19:19
Loddenke	3.10	19:12	6:11	3	2:56	390	9:08	22.90	2:58:47	7:48	3	19:03	408	1:28:27
Ilseburg/Markt	3.30	20:51	6:19	3	2:40	378	9:27	26.20	3:19:38	7:37	3	21:43	407	1:37:54