



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Schmidt, Lisa

Club: Hamburg  
Number: 374

Course: 26.20 km  
26,2 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 3:23:53

Speed: 7.65 km/h  
Running performance: 7:47 min/km

Rank in course/Total: 503 (of 537)

Rank in course/Women: 87 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 9)

Best time in the category: 2:03:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:45	7:30	9	9:10	93	9:46	3.30	24:45	7:30	9	9:10	93	9:46
Schlüsie	3.10	26:58	8:41	9	10:04	87	10:14	6.40	51:43	8:04	9	19:14	92	19:49
Hermannsklippe	2.60	23:49	9:09	9	9:02	79	9:23	9.00	1:15:32	8:23	9	28:16	88	28:47
Brocken	3.10	36:03	11:37	7	12:53	55	13:22	12.10	1:51:35	9:13	9	41:09	77	42:09
Eiserner Handwe	3.60	26:27	7:20	9	11:15	92	12:06	15.70	2:18:02	8:47	9	52:24	84	53:38
Schlüsie	4.10	25:48	6:17	9	11:50	94	12:18	19.80	2:43:50	8:16	9	1:04:14	89	1:04:49
Loddenke	3.10	19:28	6:16	9	8:01	89	8:12	22.90	3:03:18	8:00	9	1:12:15	89	1:13:01
Ilseburg/Markt	3.30	20:35	6:14	9	7:54	79	8:00	26.20	3:23:53	7:46	9	1:20:09	87	1:21:01