



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Walleit, Pascal

Club: Stiftung Wadentest
Number: 454

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:26:53

Speed: 7.54 km/h
Running performance: 7:54 min/km

Rank in course/Total: 509 (of 537)

Rank in course/Men: 418 (of 440)

Best time in course: 1:41:44

Rank in category: 46(of 47)

Best time in the category: 1:41:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:40	6:52	46	10:28	394	10:28	3.30	22:40	6:52	46	10:28	394	10:28
Schlüsie	3.10	27:09	8:45	46	13:45	425	13:45	6.40	49:49	7:47	46	24:13	419	24:13
Hermannsklippe	2.60	23:34	9:03	46	11:40	400	11:40	9.00	1:13:23	8:09	46	35:53	416	35:53
Brocken	3.10	39:55	12:52	46	21:42	413	21:42	12.10	1:53:18	9:21	46	57:35	415	57:35
Eiserner Handwe	3.60	26:33	7:22	45	13:57	422	13:57	15.70	2:19:51	8:54	46	1:11:32	418	1:11:32
Schlüsie	4.10	24:44	6:01	43	12:47	415	12:47	19.80	2:44:35	8:18	46	1:24:19	418	1:24:19
Loddenke	3.10	19:20	6:14	43	9:16	397	9:16	22.90	3:03:55	8:01	46	1:33:35	417	1:33:35
Ilseburg/Markt	3.30	22:58	6:57	46	11:34	420	11:34	26.20	3:26:53	7:53	46	1:45:09	418	1:45:09