



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Reetz, Heike

Club: Kleinmachnow
Number: 334

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:29:04

Speed: 7.46 km/h
Running performance: 7:59 min/km

Rank in course/Total: 514 (of 537)

Rank in course/Women: 92 (of 97)

Best time in course: 2:02:52

Rank in category: 17(of 17)

Best time in the category: 2:41:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:51	7:13	15	4:26	85	8:52	3.30	23:51	7:13	15	4:26	85	8:52
Schlüsie	3.10	26:55	8:40	15	5:38	85	10:11	6.40	50:46	7:55	15	9:48	86	18:52
Hermannsklippe	2.60	23:52	9:10	14	4:59	80	9:26	9.00	1:14:38	8:17	15	14:13	84	27:53
Brocken	3.10	39:21	12:41	13	8:51	81	16:40	12.10	1:53:59	9:25	14	21:29	85	44:33
Eiserner Handwe	3.60	27:47	7:43	17	8:03	94	13:26	15.70	2:21:46	9:01	16	29:24	90	57:22
Schlüsie	4.10	25:36	6:14	17	7:03	91	12:06	19.80	2:47:22	8:27	17	36:02	91	1:08:21
Loddenke	3.10	19:08	6:10	16	4:55	86	7:52	22.90	3:06:30	8:08	17	40:57	92	1:16:13
Ilseburg/Markt	3.30	22:34	6:50	17	6:13	92	9:59	26.20	3:29:04	7:58	17	47:10	92	1:26:12