



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Ebert-Herzog, Frank

Club: SG Willmersdorf SKALAWARA
Number: 98

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:29:10

Speed: 7.46 km/h
Running performance: 7:59 min/km

Rank in course/Total: 515 (of 537)

Rank in course/Men: 423 (of 440)

Best time in course: 1:41:44

Rank in category: 57(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:30	7:07	59	8:59	420	11:18	3.30	23:30	7:07	59	8:59	420	11:18
Schlüsie	3.10	26:36	8:34	57	10:27	416	13:12	6.40	50:06	7:49	58	19:05	423	24:30
Hermannsklippe	2.60	24:28	9:24	56	10:22	417	12:34	9.00	1:14:34	8:17	57	29:27	421	37:04
Brocken	3.10	37:56	12:14	53	15:26	397	19:43	12.10	1:52:30	9:17	56	44:27	409	56:47
Eiserner Handwe	3.60	27:56	7:45	60	13:57	432	15:20	15.70	2:20:26	8:56	57	58:08	420	1:12:07
Schlüsie	4.10	25:54	6:19	60	12:22	424	13:57	19.80	2:46:20	8:24	57	1:10:29	424	1:26:04
Loddenke	3.10	20:54	6:44	58	9:37	419	10:50	22.90	3:07:14	8:10	57	1:19:53	426	1:36:54
Ilseburg/Markt	3.30	21:56	6:38	56	8:59	407	10:32	26.20	3:29:10	7:59	57	1:28:45	423	1:47:26