



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Rettberg, Sven

Club: Solling Runner
Number: 341

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:31:13

Speed: 7.39 km/h
Running performance: 8:04 min/km

Rank in course/Total: 518 (of 537)

Rank in course/Men: 426 (of 440)

Best time in course: 1:41:44

Rank in category: 58(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:57	6:39	48	7:26	355	9:45	3.30	21:57	6:39	48	7:26	355	9:45
Schlüsie	3.10	26:46	8:38	58	10:37	421	13:22	6.40	48:43	7:36	57	17:42	413	23:07
Hermannsklippe	2.60	26:01	10:00	59	11:55	431	14:07	9.00	1:14:44	8:18	58	29:37	423	37:14
Brocken	3.10	45:56	14:49	61	23:26	438	27:43	12.10	2:00:40	9:58	59	52:37	431	1:04:57
Eiserner Handwe	3.60	25:04	6:57	55	11:05	399	12:28	15.70	2:25:44	9:16	58	1:03:26	430	1:17:25
Schlüsie	4.10	22:49	5:33	52	9:17	383	10:52	19.80	2:48:33	8:30	59	1:12:42	428	1:28:17
Loddenke	3.10	19:25	6:15	55	8:08	400	9:21	22.90	3:07:58	8:12	59	1:20:37	428	1:37:38
Ilseburg/Markt	3.30	23:15	7:02	58	10:18	423	11:51	26.20	3:31:13	8:03	58	1:30:48	426	1:49:29