



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Schlottag, Jens

Club: Gaensefurther Sportbewegung
Number: 369

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:33:27

Speed: 7.36 km/h
Running performance: 8:09 min/km

Rank in course/Total: 521 (of 537)

Rank in course/Men: 429 (of 440)

Best time in course: 1:41:44

Rank in category: 59(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:41	6:52	54	8:10	395	10:29	3.30	22:41	6:52	54	8:10	395	10:29
Schlüsie	3.10	25:49	8:19	55	9:40	407	12:25	6.40	48:30	7:34	55	17:29	408	22:54
Hermannsklippe	2.60	24:52	9:33	57	10:46	422	12:58	9.00	1:13:22	8:09	56	28:15	414	35:52
Brocken	3.10	37:01	11:56	51	14:31	387	18:48	12.10	1:50:23	9:07	54	42:20	404	54:40
Eiserner Handwe	3.60	28:15	7:50	61	14:16	433	15:39	15.70	2:18:38	8:49	56	56:20	415	1:10:19
Schlüsie	4.10	25:29	6:12	58	11:57	421	13:32	19.80	2:44:07	8:17	56	1:08:16	417	1:23:51
Loddenke	3.10	23:07	7:27	60	11:50	432	13:03	22.90	3:07:14	8:10	57	1:19:53	426	1:36:54
Ilseburg/Markt	3.30	26:13	7:56	60	13:16	434	14:49	26.20	3:33:27	8:08	59	1:33:02	429	1:51:43