



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Zindler, Mark

Club: Ultra-Motten Potsdam
Number: 488

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:43:44

Speed: 6.97 km/h
Running performance: 8:32 min/km

Rank in course/Total: 528 (of 537)

Rank in course/Men: 435 (of 440)

Best time in course: 1:41:44

Rank in category: 55(of 55)

Best time in the category: 2:00:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:27	7:06	54	9:30	419	11:15	3.30	23:27	7:06	54	9:30	419	11:15
Schlüsie	3.10	27:19	8:48	54	11:37	427	13:55	6.40	50:46	7:55	54	21:07	427	25:10
Hermannsklippe	2.60	24:07	9:16	53	9:54	415	12:13	9.00	1:14:53	8:19	54	31:01	424	37:23
Brocken	3.10	42:25	13:40	55	19:19	428	24:12	12.10	1:57:18	9:41	54	50:20	426	1:01:35
Eiserner Handwe	3.60	27:40	7:41	55	13:32	430	15:04	15.70	2:24:58	9:14	54	1:03:19	428	1:16:39
Schlüsie	4.10	28:14	6:53	55	14:43	434	16:17	19.80	2:53:12	8:44	55	1:16:56	433	1:32:56
Loddenke	3.10	26:19	8:29	55	15:35	438	16:15	22.90	3:19:31	8:42	55	1:31:01	437	1:49:11
Ilseburg/Markt	3.30	24:13	7:20	54	11:46	430	12:49	26.20	3:43:44	8:32	55	1:42:47	435	2:02:00