



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Witt, Michaela

Club: Team Teichteufel  
Number: 471

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 3:45:12

Speed: 6.93 km/h  
Running performance: 8:36 min/km

Rank in course/Total: 531 (of 537)

Rank in course/Women: 95 (of 97)

Best time in course: 2:02:52

Rank in category: 9(of 10)

Best time in the category: 2:20:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	25:17	7:39	10	7:25	96	10:18	3.30	25:17	7:39	10	7:25	96	10:18
Schlüsie	3.10	29:16	9:26	10	11:09	96	12:32	6.40	54:33	8:31	10	18:34	96	22:39
Hermannsklippe	2.60	26:25	10:09	9	10:25	93	11:59	9.00	1:20:58	8:59	10	28:59	96	34:13
Brocken	3.10	46:14	14:54	10	19:50	96	23:33	12.10	2:07:12	10:30	10	48:49	96	57:46
Eiserner Handwe	3.60	27:06	7:31	9	11:14	93	12:45	15.70	2:34:18	9:49	10	1:00:03	96	1:09:54
Schlüsie	4.10	25:46	6:17	9	8:51	93	12:16	19.80	3:00:04	9:05	9	1:08:54	95	1:21:03
Loddenke	3.10	20:22	6:34	9	6:44	93	9:06	22.90	3:20:26	8:45	9	1:15:38	95	1:30:09
Ilseburg/Markt	3.30	24:46	7:30	10	9:04	95	12:11	26.20	3:45:12	8:35	9	1:24:42	95	1:42:20