



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Strohmeier, Ina

Club: Laufftreff Feierabend Einbeck
Number: 414

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:46:26

Speed: 6.89 km/h
Running performance: 8:38 min/km

Rank in course/Total: 533 (of 537)

Rank in course/Women: 96 (of 97)

Best time in course: 2:02:52

Rank in category: 10(of 10)

Best time in the category: 2:20:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:01	6:58	9	5:09	75	8:02	3.30	23:01	6:58	9	5:09	75	8:02
Schlüsie	3.10	28:14	9:06	9	10:07	93	11:30	6.40	51:15	8:00	9	15:16	89	19:21
Hermannsklippe	2.60	27:50	10:42	10	11:50	96	13:24	9.00	1:19:05	8:47	9	27:06	94	32:20
Brocken	3.10	44:24	14:19	9	18:00	94	21:43	12.10	2:03:29	10:12	9	45:06	95	54:03
Eiserner Handwe	3.60	29:00	8:03	10	13:08	96	14:39	15.70	2:32:29	9:42	9	58:14	95	1:08:05
Schlüsie	4.10	29:31	7:11	10	12:36	97	16:01	19.80	3:02:00	9:11	10	1:10:50	96	1:22:59
Loddenke	3.10	22:52	7:22	10	9:14	95	11:36	22.90	3:24:52	8:56	10	1:20:04	96	1:34:35
Ilseburg/Markt	3.30	21:34	6:32	9	5:52	87	8:59	26.20	3:46:26	8:38	10	1:25:56	96	1:43:34