



7. Erfurter Campuslauf

Erfurt / 28.06.2023

Detailed evaluation

Pfeuffer, Jörg

Club: LG Erfurt
Number: 137

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 41:24

Speed: 14.49 km/h
Running performance: 4:08 min/km

Rank in course/Total: 9 (of 61)

Rank in course/Men: 9 (of 50)

Best time in course: 33:36

Rank in category: 1(of 2)

Best time in the category: 41:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:56	3:58	1	-	8	1:20	2.00	7:56	3:58	1	-	8	1:20
Runde	2.00	8:17	4:08	1	-	9	1:37	4.00	16:13	4:03	1	-	9	2:57
Runde	2.00	8:24	4:12	1	-	9	1:37	6.00	24:37	4:06	1	-	9	4:34
Runde	2.00	8:23	4:11	1	-	9	1:34	8.00	33:00	4:07	1	-	9	6:08
Finish	2.00	8:24	4:12	1	-	10	1:40	10.00	41:24	4:08	1	-	9	7:48