



7. Erfurter Campuslauf

Erfurt / 28.06.2023

Detailed evaluation

Schramm, Tobias

Club: Erfurt

Number: 154

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 48:39

Speed: 12.33 km/h

Running performance: 4:52 min/km

Rank in course/Total: 25 (of 61)

Rank in course/Men: 22 (of 50)

Best time in course: 33:36

Rank in category: 2(of 5)

Best time in the category: 39:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:22	4:41	3	1:57	29	2:46	2.00	9:22	4:41	3	1:57	29	2:46
Runde	2.00	9:35	4:47	2	1:55	21	2:55	4.00	18:57	4:44	3	3:52	25	5:41
Runde	2.00	9:51	4:55	2	2:00	22	3:04	6.00	28:48	4:47	2	5:52	24	8:45
Runde	2.00	9:58	4:59	2	1:57	20	3:09	8.00	38:46	4:50	2	7:49	23	11:54
Finish	2.00	9:53	4:56	2	1:41	23	3:09	10.00	48:39	4:51	2	9:30	22	15:03