



7. Erfurter Campuslauf
Erfurt / 28.06.2023

Detailed evaluation

Scharf, Serafina

Club: Erfurt
Number: 160

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 48:59

Speed: 12.25 km/h
Running performance: 4:54 min/km

Rank in course/Total: 27 (of 61)

Rank in course/Women: 3 (of 11)

Best time in course: 41:59

Rank in category: 3(of 8)

Best time in the category: 41:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:25	4:42	3	1:02	3	1:02	2.00	9:25	4:42	3	1:02	3	1:02
Runde	2.00	9:57	4:58	3	1:28	3	1:28	4.00	19:22	4:50	3	2:30	3	2:30
Runde	2.00	9:57	4:58	3	1:26	3	1:26	6.00	29:19	4:53	3	3:56	3	3:56
Runde	2.00	10:03	5:01	3	1:38	3	1:38	8.00	39:22	4:55	3	5:34	3	5:34
Finish	2.00	9:37	4:48	3	1:26	3	1:26	10.00	48:59	4:53	3	7:00	3	7:00