



7. Erfurter Campuslauf

Erfurt / 28.06.2023

Detailed evaluation

Buday, Philipp

Club: Erfurt
Number: 168

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 49:09

Speed: 12.21 km/h
Running performance: 4:55 min/km

Rank in course/Total: 29 (of 61)

Rank in course/Men: 26 (of 50)

Best time in course: 33:36

Rank in category: 4(of 5)

Best time in the category: 33:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:01	4:30	3	2:25	20	2:25	2.00	9:01	4:30	3	2:25	20	2:25
Runde	2.00	9:43	4:51	3	3:03	25	3:03	4.00	18:44	4:41	3	5:28	23	5:28
Runde	2.00	9:51	4:55	2	3:04	22	3:04	6.00	28:35	4:45	3	8:32	23	8:32
Runde	2.00	10:23	5:11	3	3:34	28	3:34	8.00	38:58	4:52	3	12:06	24	12:06
Finish	2.00	10:11	5:05	3	3:27	27	3:27	10.00	49:09	4:54	4	15:33	26	15:33