



7. Erfurter Campuslauf  
Erfurt / 28.06.2023

Detailed evaluation

Meersteiner, Thomas

Club: Hufeland  
Number: 157

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 50:10

Speed: 11.96 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 32 (of 61)

Rank in course/Men: 28 (of 50)

Best time in course: 33:36

Rank in category: 2(of 6)

Best time in the category: 46:18

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:26	4:43	3	0:11	32	2:50	2.00	9:26	4:43	3	0:11	32	2:50
Runde	2.00	9:53	4:56	2	0:45	27	3:13	4.00	19:19	4:49	2	0:56	29	6:03
Runde	2.00	10:10	5:04	2	0:55	28	3:23	6.00	29:29	4:54	2	1:51	28	9:26
Runde	2.00	10:21	5:10	2	0:59	27	3:32	8.00	39:50	4:58	2	2:50	28	12:58
Finish	2.00	10:20	5:10	2	1:02	28	3:36	10.00	50:10	5:00	2	3:52	28	16:34