



7. Erfurter Campuslauf
Erfurt / 28.06.2023

Detailed evaluation

Hänel, Nino

Club: Schlünamo
Number: 119

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 52:01

Speed: 11.53 km/h
Running performance: 5:12 min/km

Rank in course/Total: 35 (of 61)

Rank in course/Men: 31 (of 50)

Best time in course: 33:36

Rank in category: 14(of 24)

Best time in the category: 34:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:17	4:38	14	2:41	25	2:41	2.00	9:17	4:38	14	2:41	25	2:41
Runde	2.00	9:58	4:59	13	3:16	28	3:18	4.00	19:15	4:48	14	5:57	28	5:59
Runde	2.00	10:33	5:16	15	3:36	32	3:46	6.00	29:48	4:58	14	9:33	29	9:45
Runde	2.00	11:21	5:40	18	4:20	37	4:32	8.00	41:09	5:08	15	13:50	31	14:17
Finish	2.00	10:52	5:26	17	3:54	36	4:08	10.00	52:01	5:12	14	17:40	31	18:25