



7. Erfurter Campuslauf
Erfurt / 28.06.2023

Detailed evaluation

Höhne, Andreas

Club: LTV

Number: 120

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:13

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 46 (of 61)

Rank in course/Men: 39 (of 50)

Best time in course: 33:36

Rank in category: 2(of 2)

Best time in the category: 54:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:32	5:46	2	0:01	46	4:56	2.00	11:32	5:46	2	0:01	46	4:56
Runde	2.00	11:23	5:41	1	-	41	4:43	4.00	22:55	5:43	2	0:01	43	9:39
Runde	2.00	11:29	5:44	1	-	39	4:42	6.00	34:24	5:44	1	-	42	14:21
Runde	2.00	11:12	5:35	2	0:43	36	4:23	8.00	45:36	5:42	2	0:43	40	18:44
Finish	2.00	10:37	5:18	2	1:24	34	3:53	10.00	56:13	5:37	2	2:07	39	22:37