



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Riedel, Matthias

Number: 158

Course: 9.50 km

Kurze Strecke

Category:

Senioren M50 (50-54)

Total time: 50:58

Speed: 10.60 km/h

Running performance: 5:22 min/km

Rank in course/Total: 98 (of 248)

Rank in course/Men: 78 (of 152)

Best time in course: 33:01

Rank in category: 10(of 14)

Best time in the category: 39:03