



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Neitzke, Jürgen

Number: 140

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 51:06

Speed: 10.57 km/h

Running performance: 5:23 min/km

Rank in course/Total: 102 (of 248)

Rank in course/Men: 81 (of 152)

Best time in course: 33:01

Rank in category: 7(of 21)

Best time in the category: 40:24