



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Heydt, Luisa

Club: Heydter Fighter
Number: 91

Course: 9.50 km
Kurze Strecke

Category:
Frauen (20-29)

Total time: 51:12

Speed: 10.55 km/h
Running performance: 5:23 min/km

Rank in course/Total: 106 (of 248)

Rank in course/Women: 22 (of 96)

Best time in course: 40:45

Rank in category: 6(of 12)

Best time in the category: 40:45