



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Becker, Jan

Number: 10

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 51:20

Speed: 10.52 km/h
Running performance: 5:24 min/km

Rank in course/Total: 109 (of 248)

Rank in course/Men: 86 (of 152)

Best time in course: 33:01

Rank in category: 9(of 21)

Best time in the category: 40:24