



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Haupt, Matthias

Club: Bügeleisenbande  
Number: 75

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M40 (40-44)

Total time: 52:37

Speed: 10.26 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 124 (of 248)

Rank in course/Men: 97 (of 152)

Best time in course: 33:01

Rank in category: 14(of 15)

Best time in the category: 35:21