



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Zimmermann, Nico

Number: 340

Course: 9.50 km

Kurze Strecke

Category:

Senioren M45 (45-49)

Total time: 52:38

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 125 (of 248)

Rank in course/Men: 98 (of 152)

Best time in course: 33:01

Rank in category: 17(of 18)

Best time in the category: 35:01