



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Kart, Julia

Number: 103

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W40 (40-44)

Total time: 52:48

Speed: 10.23 km/h

Running performance: 5:34 min/km

Rank in course/Total: 126 (of 248)

Rank in course/Women: 28 (of 96)

Best time in course: 40:45

Rank in category: 5(of 11)

Best time in the category: 47:39