



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Jahn, Markus

Number: 101

Course: 9.50 km  
Kurze Strecke

Category:  
Männer (20-29)

Total time: 53:30

Speed: 10.09 km/h

Running performance: 5:38 min/km

Rank in course/Total: 139 (of 248)

Rank in course/Men: 108 (of 152)

Best time in course: 33:01

Rank in category: 9(of 14)

Best time in the category: 41:56