



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Jacob, Catrin

Number: 99

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49)

Total time: 41:20

Speed: 13.06 km/h

Running performance: 4:21 min/km

Rank in course/Total: 13 (of 248)

Rank in course/Women: 2 (of 96)

Best time in course: 40:45

Rank in category: 1(of 12)

Best time in the category: 41:20