



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Göhring, Klaus

Club: Orientierungslauf Thür.  
Number: 61

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M65 (65-69)

Total time: 53:33

Speed: 10.08 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 140 (of 248)

Rank in course/Men: 109 (of 152)

Best time in course: 33:01

Rank in category: 3(of 7)

Best time in the category: 51:24