



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Schäfer, Thomas

Club: Ilmenau
Number: 220

Course: 9.50 km
Kurze Strecke

Category:
Senioren M60 (60-64)

Total time: 54:22

Speed: 9.93 km/h
Running performance: 5:43 min/km

Rank in course/Total: 151 (of 248)

Rank in course/Men: 114 (of 152)

Best time in course: 33:01

Rank in category: 9(of 15)

Best time in the category: 43:27