



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Harz, Wilhelm

Number: 73

Course: 9.50 km
Kurze Strecke

Category:
Männer (20-29)

Total time: 56:34

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course/Total: 166 (of 248)

Rank in course/Men: 122 (of 152)

Best time in course: 33:01

Rank in category: 10(of 14)

Best time in the category: 41:56