



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Frankenberg, Anna

Club: P2 Arnstadt  
Number: 46

Course: 9.50 km  
Kurze Strecke

Category:  
Seniorinnen W35 (35-39)

Total time: 56:30

Speed: 10.09 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 163 (of 248)

Rank in course/Women: 43 (of 96)

Best time in course: 40:45

Rank in category: 9(of 18)

Best time in the category: 44:19