



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Geyer, Ronald

Number: 59

Course: 9.50 km
Kurze Strecke

Category:
Senioren M55 (55-59)

Total time: 57:21

Speed: 9.42 km/h
Running performance: 6:02 min/km

Rank in course/Total: 175 (of 248)

Rank in course/Men: 124 (of 152)

Best time in course: 33:01

Rank in category: 15(of 21)

Best time in the category: 40:24