



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Boymann, Silke

Number: 24

Course: 9.50 km

Kurze Strecke

Category:

Seniorinnen W45 (45-49)

Total time: 57:29

Speed: 9.39 km/h

Running performance: 6:03 min/km

Rank in course/Total: 182 (of 248)

Rank in course/Women: 57 (of 96)

Best time in course: 40:45

Rank in category: 5(of 12)

Best time in the category: 41:20